

## Explore Working with Children - Cooking

This course introduces parents and carers to simple, fun cooking activities they can enjoy with young children. Learners explore how everyday cooking tasks support early learning, communication, counting, motor skills and healthy habits. The course provides practical ideas, safety guidance and confidence to involve children in the kitchen in enjoyable, age-appropriate ways.



Start Date: 03 November 2026  
Start Time: 12:30  
Lessons: 1  
Weeks: 1  
Hours: 2.00

### **Venue**

Medway Learning and Skills Hub  
Unit 2  
Britton Farm Street  
ME7 1GX